

Guidance for Hirers - Covid19

Illness:

If any of your participants are unwell with a new, undiagnosed illness they must not come to your class or workshop. If you are unwell with a new, undiagnosed illness your class will need to be cancelled. Please ensure you have a tracking system in place with your participants, so if any person should become unwell with a new, undiagnosed illness, The Angel Hall can be informed to let other hirers know and take appropriate action, if necessary.

Entering the room:

At the beginning of your class or workshop keep both the entrance doors open, if possible (depending on the temperature outside), to minimise the amount of people touching the door handles.

Hand sanitiser/antiviral spray:

There will be hand sanitiser in 3 places: 1) in the porch, 2) on the table as you enter the room, 3) on the little table at the back of the room near the rear door (that leads to the toilets). Please encourage your participants to use the hand sanitiser at appropriate times. Antiviral spray and paper towels will be available on the big table to wipe down chairs, card readers and anything else that is necessary.

Airing the room:

If possible (depending on the temperature outside), open the big windows at the front of the room to let in some air for circulation during your class or workshop.

Yoga equipment, cushions and chairs:

As the yoga and meditation equipment (including the cushions) can't be used at the moment, please let your participants know to bring their own mats, props and cushions as needed. The chairs can be used but they will need to be wiped down with paper towels and antiviral spray.

Water/drinks:

Participants will need to bring their own water bottles, as we can't use the water dispenser and glasses at the moment.

Wearing of masks:

It is up to the discretion of you as the teacher, and your insurance company, as to whether or not masks are required or appropriate for your session. It is not compulsory for masks to be worn on entry. Generally, it is not advised for masks to be worn in yoga/movement classes.

Capacity of the room:

The capacity of the room has been reduced (about half), to allow for social distancing. Yoga classes (or similar): 11 mats, spaced 1.5 metres apart. Eg, 10 x participants and 1 x facilitator. Seated classes: 16 chairs, spaced at 1.5 meters apart. Eg, 15 x participants and 1 x facilitator. All individuals to keep 1 metre plus distance (unless part of the same household).

Booking classes/workshops and taking payments:

How to book classes or workshops and what payment method to use is up to the individual teacher. However, it is recommended that you use an online booking system and require your participants to book in advance and take payments online to minimise contact.

Toilets:

Each individual will need to use the antiviral spray provided to wipe the toilet seat after use. Use paper towels to dry hands after washing.